



# 4-H (PROJECT) ACTIVITY PAGE

Developed by **(Name)**, **(Title)**, **(County)**

Beginning\*

## Your 4-H (PROJECT NAME) Project

Introduce the project with a focus on the life skill (i.e., communicating). The paragraph should end with the following:

Some of the skills you can learn and activities you can do this year are listed below. Check your favorites. Then, work with your 4-H leaders and parents to make a 4-H project plan for what you want to do and learn this year.

- List some skills 4-H'ers can learn (i.e., Learn the principles of design).
- List some activities 4-H'ers can do (i.e., Complete a service project using project skills learned).
- The last line should be: Other \_\_\_\_\_



Life Skill  
(Life skill)\*\*



Include clip art as appropriate.

## The Process

The process for developing project activity sheets is similar to that for all Extension publications. Sheets will be reviewed by at least three people and assigned a "W" number (for Web-based publications).

**Send activity sheets to Alice Ann Moore** in the state 4-H Youth Development office. The state 4-H staff will work with the developers and Marketing and Communications Services to design, edit and finalize the sheets.

## A Little Explanation of . . .

### Level\*

**Beginning:** grades 5-6 ~ **Intermediate:** grades 7-8 ~ **Advanced:** high school

### Life Skill\*\*

Life skills are the basis of the Tennessee 4-H Youth Development program. Youth develop life skills through their project work. County, regional and state programs are designed to enhance life skill development, and Tennessee has an evaluation system to measure program impact.

Therefore, **each activity sheet should be targeted toward a specific life skill**. The skill should be mentioned in the introductory paragraph and in the closing paragraph under "Additional Resources." Activities should also enhance the development of the life skill.

For more information on life skills and the Life Skill Evaluation System (LSES), visit <http://4h.tennessee.edu/lifeskills/eval/help/>

The ten targeted life skills are as follows:

- ◆ Achieving goals
- ◆ Building relationships
- ◆ Communicating
- ◆ Leadership
- ◆ Ethical decision making
- ◆ Responsibility
- ◆ Healthy Lifestyle Choices
- ◆ Positive self-esteem
- ◆ Responsible Citizenship
- ◆ Teamwork

## Facts and Activities

Include project information and activities to help the 4-H'ers learn, develop life skills and have fun.

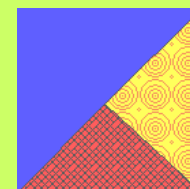
For more examples of activity sheets, visit [www.utextension.utk.edu/4h/projects](http://www.utextension.utk.edu/4h/projects)

For more information on developing sheets, visit [www.utextension.utk.edu/4h/projects/template.htm](http://www.utextension.utk.edu/4h/projects/template.htm)

## Hands-on Activity or Fun Facts

Use a box to describe an experiential (hands-on) activity for 4-H'ers. Examples include making a pinhole camera in the photography project, designing a quilt square in the line & design project and making a healthy horse treat in the horse project.

If an experiential activity is included elsewhere on the page, use this box to highlight interesting and fun facts about the subject matter.



Include a graphic with the activity if appropriate.

## 4-H (PROJECT) ACTIVITY PAGE

### Second Page

The elements on this page are examples from the beginning level line & design project activity sheet.

The second page of the activity sheet should include the following:

- Age-appropriate career exploration activity
- Service project ideas
- Other project opportunities
- Additional resources (with paragraph linking project to targeted life skill)
- Age-appropriate vocabulary activity (i.e., crosswords on beginning level sheets) — word puzzles can be created free at [puzzlemaker.school.discovery.com](http://puzzlemaker.school.discovery.com)
- Other activities and facts as desired

These elements will be consistent on every activity sheet:

- The 4-H clover
- "Reviewed by" box
- "For more ideas" box
- "Don't forget" box

Please note that the only Web address should be to the 4-H project page. All other links will be available from that site.

### Service Ideas

- Make a craft for a gift.
- Decorate for a family or 4-H event.
- Make a poster or exhibit to share ideas with others.

### Additional Resources

Making decisions is an important part of the line & design project. This activity sheet has given you the opportunity to explore things to think about as you make decisions in line & design. You've designed a quilt square, arranged your bedroom and learned lots of other cool things. But this is just the beginning! Use the resources listed below to continue learning about line & design.

- School & public libraries
- People who know about sewing, crafts & design
- Sewing machine manual
- 4-H project groups
- The 4-H line & design Web page:

<http://www.utextension.utk.edu/4h/projects/linedesign.htm>

*Reviewed by (Name), (Title), and members of the state 4-H Youth Development staff  
Edited by Lori Jean Mantooth, Extension Assistant, and Wanda Russell, Publications Editor*

### Career Scavenger Hunt

By asking others, researching on the Internet, or reading a book or magazine—search for a job that uses line & design skills and knowledge. Here's what you are looking for.

1. Job Title \_\_\_\_\_
2. Job Description \_\_\_\_\_  
\_\_\_\_\_
3. Education Required \_\_\_\_\_  
\_\_\_\_\_

### Elements of Design Word Search

Space  
Form  
Line  
Texture  
Color  
Shape

W I M L U M R O F Z O C B X U  
T G I D Y Y V B N N K O I L D  
F N H A C J X H J U L P W I V  
E N X B O B O K S Z Q U U E L  
T H Z X N T L G I Y K G R A C  
N D Z W S L N Z C G N U X B P  
B Z X Y R N K F O Q T W Z I M  
E R P X L J S F D X P P Q U C  
I P I D J N S P E Q W G I T O  
B F S H A P E T A X W K M G L  
O P I T F D P V S C W V W M O  
F I C R B O H V M R E W O I R  
P F M B B F R D Y E A M B X C



Don't forget  
to submit your  
project report to  
your 4-H leader.

For more ideas,  
contact your  
4-H office.

### Other 4-H Line & Design Activities

4-H Clover Style Show  
4-H Fun with Fashions  
4-H Demonstrations  
4-H Jr. High Lifeskills  
Summer Fun Stops  
4-H Camp Crafts  
Fair Exhibits  
Scrapbooking