

# TAE4-HW Headlines

Volume 7:3

June, 2008

Tennessee Association of Extension 4-H Workers



- **Important Reminders**

- **Deadline for Early Bird Registration at Galaxy III**
- **ALS and 4-H Volunteers**  
Take time to read the article that touches one of our own
- **2008 Service Award Winners**  
Recognizing TAE4-HW Winners
- **Bits and Pieces**  
Ideas for Club Lessons
- **Send news for the next issue of Headlines by September 1, 2008**

To submit articles for Headlines, send to Kathy Finley, Editor  
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## Galaxy III in Indianapolis, September 15-19

*From NAE4-HA Regional Spring Newsletter*

Registration is open until Friday, June 20 at <https://sharepoint.agriculture.purdue.edu/ces/galaxy/default.aspx> **Make your hotel reservations before you register. There is a fee if you do not stay in a conference hotel.**

### **Your Support is needed for Donations for the Galaxy III Fundraising Auction!** **Jim Hovland, Auction Facilitator**

Here's an opportunity to support services such as professional development, provided by our professional associations for you and your Extension Colleagues. Your contribution to Galaxy III Auction can just do that! Organizations that will benefit from the auction proceeds include: Epsilon Sigma Phi, National Association of County Agricultural Agents, National Extension Association of Family & Consumer Sciences, National Association of Extension 4-H Agents, National Association of Community Development Extension Professionals, and Association of Natural Resource Extension Professionals. The Silent and

Live Auction will take place on Wednesday September 17, 2008 and proceeds will benefit your association.

### **Donation of Items for Auction**

Items are suggested to be something unique that represents your culture, community or geographic area, hobby or special interest. Donations are encouraged from individuals and state organizations... The higher valued items will be placed in the "live auction," as determined by the auction committee members. Registration of auction items will be held in the same location as conference registration, during designated time periods posted. Registration of auction items will occur on Monday and Tuesday. If you have any questions, please feel free to contact the Galaxy III Auction facilitator, Jim Hovland, at 262-626-1996. Your individual contribution along with those from your State Associations/Chapters will ensure a successful fundraising effort.

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## **TAE4-HW Award Winners Recognized**

*by Donna Bradley, NAE4-HA Southern Region Director*

Congratulations are in order for the following TAE4-HW members who were recognized at the State Meeting at Paris Landing in May.

*2008 TAE4-HW Service Awards*

### **George Foster Award**

Johnny Barnes

Carol McDonald

Karen Marshall Nelms

Todd Wilson

### **Achievement in Service Award**

Donna Calhoun

Janae Cook

Sarah Vaden

### **Distinguish Service Award**

Joseph Griffy

Larry Moorehead

Terri Quillin

Taunee Whittenbarger

### **Meritorious Service Award**

Darrell Hale

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## **Developing Dollars for a Cure**

*by Mary Mantooth, 4-H Volunteer, Southern Region Leader Forum Planning Committee*

Ralph Meachum is a true Tennessee Volunteer. A former co-worker in Extension and a 4-H alumnus, Ralph has volunteered in many aspects of Tennessee 4-H for many years.

Since 1993, Ralph has served as the official photographer at the Southern Region Volunteer Leader Forum in Rock Eagle, GA. Now Ralph is battling Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig's disease. It is time for 4-H to volunteer to help Ralph and the thousands like him.

The SRVLF will be held at Rock Eagle, GA , Oct 2-5. This year, we are "Developing Dollars for a Cure". Join the fight by challenging your 4-Hers and leaders to join the team. Encourage fund-raising in your county. During the Forum the Tennessee delegation will have opportunities to present our state's donation and tell how the money was raised. There will also be events during the Forum to raise dollars.

ALS strikes someone every 90 minutes. Join our efforts to help fund a cure.

Check out the website to keep up with contributions: <http://web.alsa.org/4H>

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## **2008-09 TAE4-HW Officers Elected**

*by Martin Koon, TAE4-HW. President-elect*

Paris Landing State Park was the site of the 2008 TAE4-HW State Conference. Officers and committee chairs were elected to serve in 2008-09 program year.

Past President - Darrell Hale

President - Martin Koon

President-elect - Sierra Ham

Vice President - Justin Crowe

Treasurer - Amy Powell Williams

Secretary - Karen Nelms

Research and Evaluation - Jim Stewart

Diversity - Renee Badon

Public Relations and Information - Erin Bragg

Policy and Resolutions - Daniel Sarver

Professional Development - Amy Willis

Programs - Jennifer Balding

Recognition - Melissa Henry

DSA/Awards - Donna Bradley

Headlines - Kathy Finley

## Bits and Pieces

### Ideas for Club Meeting Lessons

#### **Wildlife and the Environment**

We started the year with a game called Ocean Bingo - the bingo sheet had titles at the top of a handout - Fish Parts, Aquatic Animals, Names of Fish, Characteristics of the Ocean, Protection/Defenses - each student had to fill in the blanks for 5 answers under each category. Then we went around the room and they called out one category and one answer under the title. When everyone had a turn or one person bingoed we gave them gold fish crackers. One month we did Animal Charades and another month we talked about the Environment 3-Rs - Reuse, Recycle and Reduce. We also did a lesson on Water Quality; and we bought an animal tracks kit -- discussion on their pelts, tracks, etc.- omnivore, carnivore, herbivore. We played wildlife jeopardy to review program taught throughout the year. *Sharon K. Tubbs, Madison County*

#### **Healthy Lifestyles**

For many of our 4-H Afterschool clubs, we incorporated Healthy Lifestyles programming. I utilized the Power of Choice curriculum extensively, but modified some of the lessons to fit the needs of our 4-H youth. The five lessons we taught were MyPyramid 101, Fast Food, Make Drinks Count (lesson on sugar sweetened beverages), Healthy Snacking and Portion Sizes. The lessons also came with a physical fitness activity and healthy recipes. These lessons could easily adapted for in-school club use. The website for the Power of Choice curriculum is [http://www.fns.usda.gov/tn/RESOURCES/POC\\_topics-activities.pdf](http://www.fns.usda.gov/tn/RESOURCES/POC_topics-activities.pdf) *Justin Crowe, State 4-H Staff*

#### **Financial Management**

In the past, I have delivered financial management programs for junior high and high school audiences. I am a firm believer in "hands-on learning," so I give the youth tasks to complete during each lesson. During the first meeting, I have youth work in teams to design a business. The next lesson focuses on how to research the service/item they will provide the client with. The third lesson is devoted to developing a budget and the fourth lesson teaches them how to market their product. During the fifth lesson, the youth are given obstacles (financial and emotional loss) and they must learn to be flexible. In the final lesson, youth are given a personal budget and they must learn to budget their spending based on how well their company has done during the year. This program has been very successful because the youth participate in the different aspects of running a business and compete to see who has made the best decisions for their company at the end of the year. Participants learn a variety of life skills, such as, teamwork, achieving goals, being creative, budgeting, critical thinking, and decision-making skills. I have ready-made curriculum for this program if you're interested in implementing something like this! Good luck! *Lynne Middleton, Hamilton County*

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